

Smoke Exposure and Outdoor Activities

The smoke from the forest fires has certainly been unpredictable this week, and will continue to be until the fires are out. The Timiskaming Health Unit recommends reducing outdoor activities until the smoke subsides. If you do not smell smoke in the specific area you plan to use, outdoor activity can still occur.

As the forest fire and smoke situation continues and you are deciding whether or not to use a given outdoor space, assess your situation by asking the question: **CAN YOU SMELL SMOKE IN THE SPECIFIC AREA OF THE OUTDOOR SPACE YOU PLAN TO USE?** If yes, consider reducing or postponing outdoor activities. If no, regular activity can take place.



For more information on forest fire smoke exposure go to timiskaminghu.com.



Services de santé du
TIMISKAMING
Health Unit

